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Welcome

Dear University of Galway Employee,

Welcome to the University of Galway membership with DCM Learning!

As a member of DCM, employees will have access to an extensive library of courses aimed at developing workplace skills and knowledge through our brand new learning hub!

These courses range from individual on-demand courses to bite-sized modules which you can explore at your leisure. University of Galway's membership also includes a discount on any future certified and in-house training courses.

You will find an overview of everything included in this brochure.







Your Learning Hub

As a Member of DCM, University Galway is part of a 20,000+ strong community, with access to a custom learning hub full of free or discounted courses. There is no restriction or limit to how many courses you can access!

- 30+ On-demand Free Online Courses
- 100's of Free Bitesize Courses
- 30+ Free Wellness Courses
- Free Enrollment onto the DCM Equality, Diversity & Inclusion Course
- Discounts on any QQI or In-House training bookings
- Free access to monthly live training sessions

30+ On-Demand Courses

Each topic is available as an online course you can access free of charge! There is no limit to the number of courses you can enroll onto and on completion you will receive a certificate!

On-demand Course Topics

Train the Trainer

Lean White Belt

Emotional Intelligence

Interviewing Skills

Project Management

Coaching Skills

Social Media

Change Management

Agile & Scrum

Management

LinkedIn

Employment Law

Digital Marketing

Sales Training

Data Protection (GDPR)

Technical Report Writing

Communicating with Confidence

Facilitation Skills

Mentoring

Report Writing

Anti Money Laundering

Speaking & Presentation

Negotiation Skills

Customer Service Excellence

Aggressive Behaviour

Dealing With Disputes

Intermediate Excel

Minute Taking

MS Project Management

Stress Management



Instant Access Bite-sized Training

These bite-size training sessions are fun, engaging, and informative - participants won't forget their new skills!

Designed to slot in easily for those with busy schedules, learners can upskill with minimal impact on their daily life.

We empower learners to learn from fresh, high-quality content on the skills that matter, taught by leading experts.



Just some of the bite-size topics:

Management Topics:

Understanding Team Dynamics

Delegating Effectively

HR for Managers

Leading & Managing Millennials

Motivating Your Team

Project Management Topics:

Project Management Techniques
Project Risk Management
Project Time Management
Managing Change
Lean Project Management

Agile/Scrum:

Scrum Fundamentals

Agile Facilitation Skills

Agile Toolkit

Agile Values

The Product Backlog

Lean Topics:

Lean Principles
Lean Mindset
A3 Problem Solving
Lean 5S
Kanban

Training Delivery Topics:

Evaluating Training
Training Needs Analysis
Presentation Skills
Powerpoint Basics
Storytelling Skills

Soft Skills:

Negotiating Conflict
Minute Taking Skills
Wellness and Wellbeing
Business Writing Skills
Public Speaking



Topics

Understanding Your Stress Response

Self Criticism & Recognising Your Strengths

Talking About Mental Health

Single Tasking for Success

The Importance of Prioritising Sleep
Recognising & Avoiding Negative Thinking
traps

Identifying & Achieving Goals

Parenting While Working Remotely

Saying "No" Won't Get You Into Trouble

Understanding Common Mental Health
Issues

Dealing with Long Commuter Journeys

Returning to Work After Grief

Staying Calm in Stressful Situations

Workload Management

Make Wellbeing a Part of Your Every Day

The Importance of Recognising Your

Current State

Benefit from Positive Thinking

The PERMA Model

Leading a Healthy Lifestyle

Nutrition and Eating Healthy

Exercise for Everyone

Sleep Hygiene

Control Your Thoughts

Improve Your Resilience

Using Your Personal Strength

The HSE Building Blocks

Explore Your Emotions

And More!



Equality, Diversity and Inclusion Programme

Access this comprehensive course, free of charge under the University of Galway membership with DCM. Upskill in the area of ED&I and gain a deep understanding of the importance of ED&I in today's world and be part of creating a sense of belonging.





What is ED&I Anyway?

- O Defining ED&I
 - Similarities and Differences
- Inclusion, CIPD Findings
- Case Study
- Element of a Quality Framework



Your Responsibility to Lead in an ED&I World

- Competitive Advantage
- o dompetitive riavanta
- Inspire Others
- ED&I Champions

- Authentic Conversations The
- Pivotal Role of Managers



ED&I Policy & Strategy

Strategic Direction

O The 3 R's

- Compliance
- O Direct & Indirect Discrimination





Equal, Diverse and Inclusive People Management

- Competencies & Culture
- Bias

Stereotyping

Dealing with Challenging Behaviour

Prejudices



ED&I Resources

- Organisational Learning
- Using Competencies
- Training in ED&I



Delivering ED&I to your Organisation

- Making ED&I Happen
- Stakeholders
- Benchmarking



Engaging Employees in ED&I?

- Motivating Your Workforce
- Working with Trade Unions
- Empowering Your Workforce





Engaging Customers in ED&I?

- Customer Diversity
- Dealing with Abuse
- Market Diversity



How Does ED&I Impact the Community?

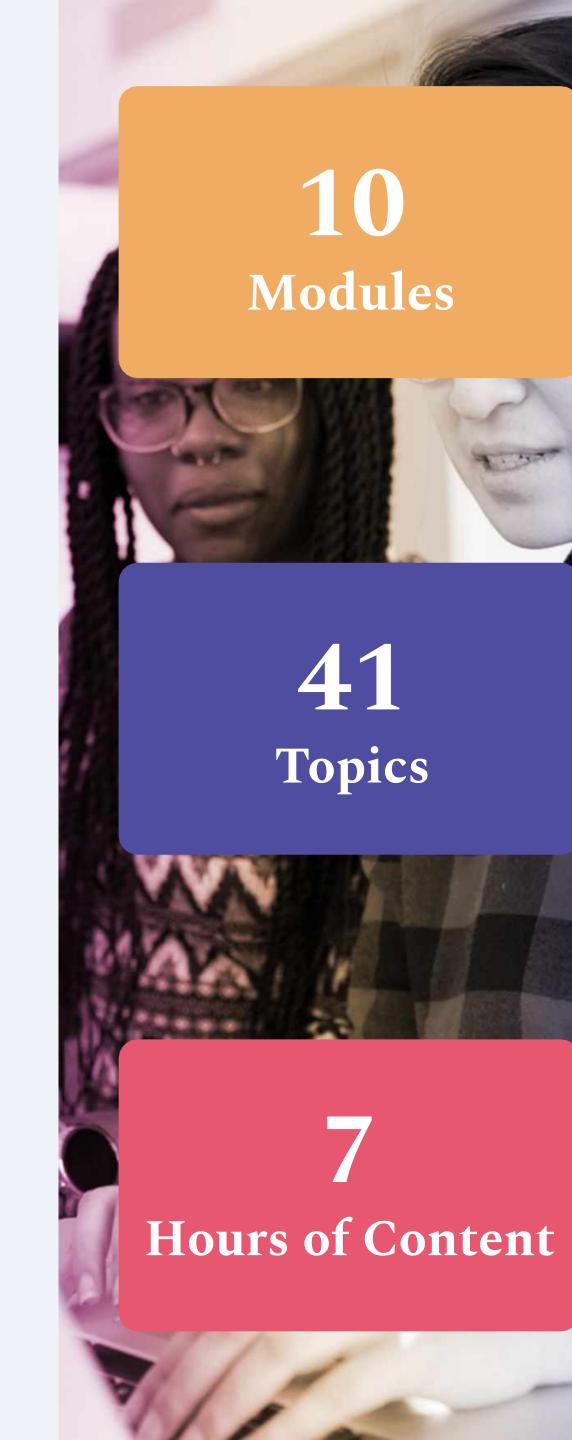
- What is Your Community Profile?
- An International Perspective
- Getting Involved



How Does ED&I Impact Business Results?

- Back to Business Case
- O How is Success Measured?





Flexible Certified Courses

Learners can grow their career by completing certified course and adding an internationally recognised qualification to their C.V.

All certified courses are offered with online or remote learning options giving learners maximum flexibility.

DCM Members can avail of generous discounts on all certified courses.



QQI Train the Trainer



QQI Project Management



PSM1 Scrum Master



PSPO Product Owner



QQI Lean Green Belt



QQI Management



QQI Supervisory Management



Lean White Belt



Lean Yellow Belt



Lean Champion



QQI Training Needs
Identification & Design



QQI Medical Secretary

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In-House Training Topics

We'll work with you to create the course that your team and business need. Inhouse training is typically less expensive per head than publicly scheduled courses and provides greater business relevance.



Identify

We assess your development needs and create processes to align them strategically with your business goals.



Measured Results

Measure the impact of the training, ensure the learning is being applied and expected results are achieved.



Tailor & Design

Our training is designed to provide a high-level solution that reflects your company's culture and objectives.



Deliver

Training is delivered in your chosen location and we train staff in a way that suits your business needs.



Improved ROI

In DCM we believe calculating return on training investment is a core part of how we assess training success.

DCM, Your Learning Partner

We work with small and large companies, individuals, Government Agencies, Universities and blue chip companies such as Keelings, Novartis, IBM and Symantec, so you can have confidence in our ability to deliver the results you want to achieve.







